

CENTENNIAL CELEBRATION
Centennial Public Lecture

SCOTT KRETCHMAR, PhD

Professor of Exercise and Sport Science
Department of Kinesiology
Penn State University

University Laboratory School Auditorium
January 29, 2009 | 6:00 p.m.–8:00 p.m.

**MOVEMENT AND THE HUMAN BODY:
HOW MUCH ATTENTION DO THEY DESERVE IN EDUCATION?**



In an era of childhood obesity, chronic diseases fostered by sedentary living, and rising health care costs, many argue that movement and body-related issues deserve more educational attention than they currently receive. Kretchmar discusses concerns that too strong a focus on health will result in the continued marginalization of physical education and other body-related disciplines. While human movement has important effects on health, Kretchmar suggests that physical activity is related to our education—from pre-school through college and beyond—in far more fundamental ways.

He argues that these foundations for physical activity need to be appreciated if movement and the human body are ever to receive the educational attention they deserve.



A Century of Growth

SPONSORED BY

**LSU College of Education
Department of Kinesiology**

www.lsu.edu/coe

engaging futures